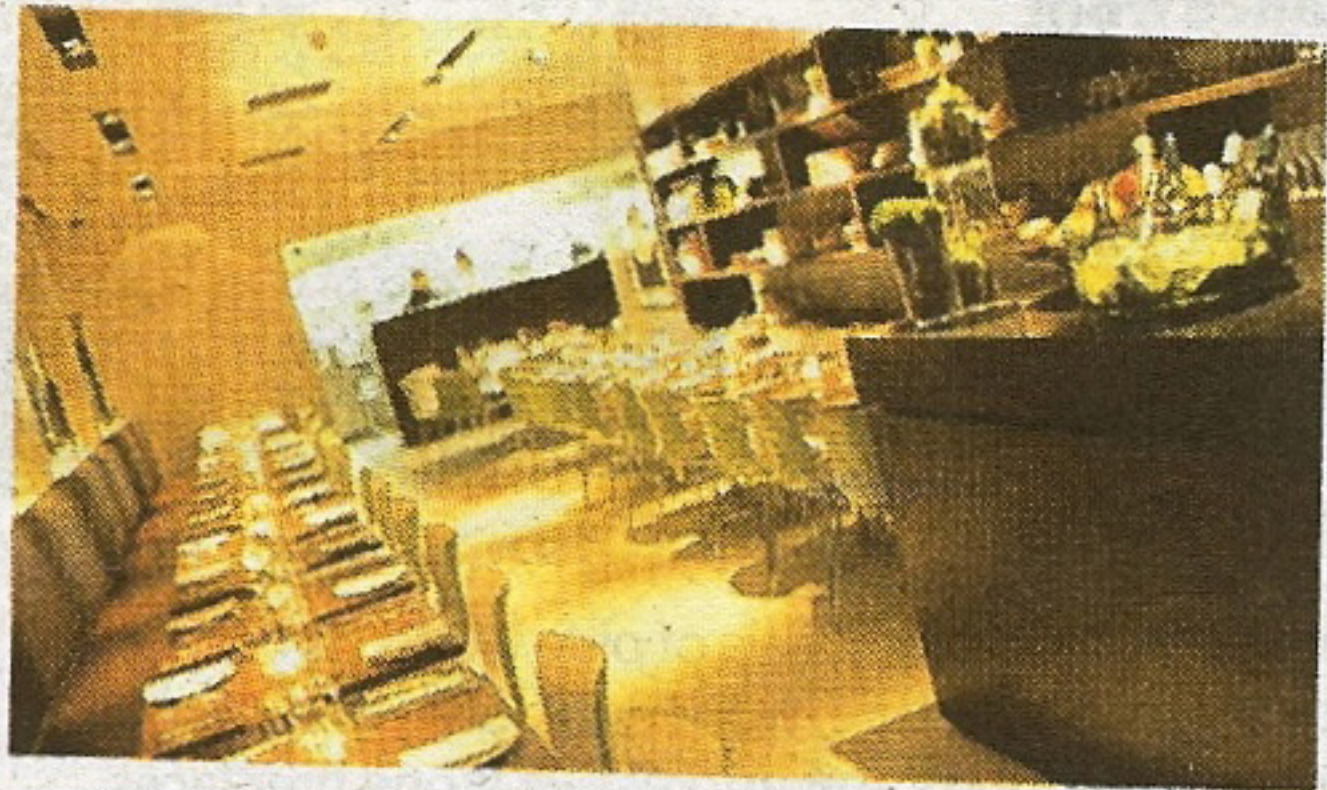
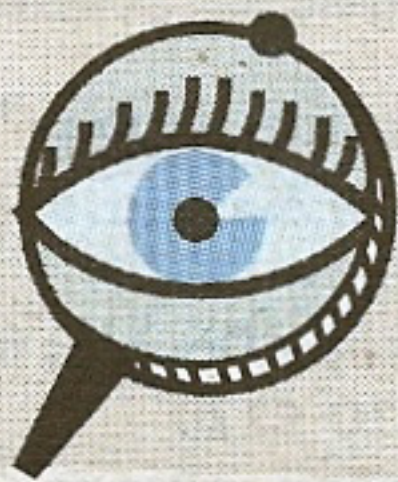


# in the know

## WHERE TO FIND AN ETHICAL EATERY



### **Acorn House**

If you haven't mastered the art of running an ethical household, eating at the ethical restaurant Acorn House is a pretty good start. Serving delicious power shakes for breakfast, freshly baked bagels for lunch and exquisite dinners, they allow diners to regulate their portions to reduce wastage and even built the restaurant using recycled material. Even their ingredients only come from local farmers via a bio-diesel van.

***Acorn House, 69 Swinton Street, WC1. Call 020 7812 1842 or visit [www.acornhouserestaurant.co.uk](http://www.acornhouserestaurant.co.uk)***